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**Meet at Paulbeck’s County Market parking lot by 7:15 AM (quarter marathon) or 8:15 AM (5K). *Bus to quarter-marathon starting line departs at 7:30 AM.***

**Quarter Marathon Start: 8AM at Pine Lake Access (6 miles south of Aitkin)**

**5K Start: 8:30AM at Paulbeck’s County Market in Aitkin**

First name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Last name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Age on race day:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Gender:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

City:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

State:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

E-mail address:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Registering for: ❑5K (3.1 miles) ❑Quarter Marathon (6.55 miles)

Adult T-shirt size: ❑Small ❑Medium ❑Large ❑X-Large ❑2X-Large

***Please register by July 22nd, 2016 to guarantee availability of your T-shirt on race day.***

**Please read the following waiver carefully and check the box below.**

**Waiver:** I hereby enter the Run to the Dump Quarter Marathon (6.55 miles) or the Run to the Dump 5K (3.1 miles) in Aitkin, Minnesota. I enter at my own risk and personally assume any and all risk or responsibility for injuries incurred as a direct or indirect result of my participation in this event. I further agree not to hold the Aitkin Area Chamber of Commerce, Paulbeck’s County Market (sponsor), other sponsors, or any party associated with these races responsible for any injury.

❑ By checking this box, I agree to the above waiver.

Please send this completed form and $20 registration fee ($25 if registering after July 22nd) to the following address: Aitkin Area Chamber of Commerce | PO Box 127 | Aitkin, MN 56431